

TIMES LIFE

rev up your life!

BRING HOME THE SPARKLE



Minimalism is sophistication

Let 2019 be the year of sophistication in home decor. Few items mean spirituality and that should reflect in your home. This festive season is all about minimal decor. More people, in an attempt to add glitz and sparkle to enhance the season, tend to go a bit overboard. This year it will be less about bling and more about creating the festive atmosphere with just a few tasteful accessories.

Think how flower arrangements of your favourite colour sparkled all over the house; lighting perfumed candles, mixing hanging plants with fairy lights and displaying delicate polished silverware – smaller festive decorations can be used to create wonderful vignettes around the house.



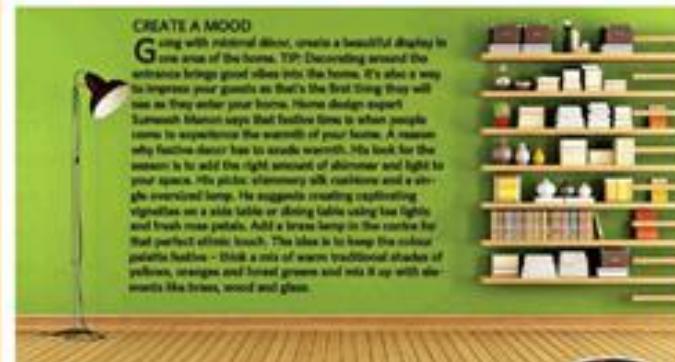
Use new colours

Go for some new colours in your home from Pantone's 2019 colour set aptly titled 'Living Coral' – created by forecasting agency MANN in their colour of the year. Colour experts, Tellur and many are also going to see a range this season. Interior designer Sugita Chawla says that the festive season in India is usually a happy play of colours. "Make bold

design choices where you are designing a space. An atmospheric glistening piece of traditional and colourful tribal art is an excellent way to bring the festive spirit inside your home," he suggests. On just go for the pink rug to add some energy to social and vacation areas like the dining or living rooms. If there's no accent piece want, go for a mismatched chair or wallpapered walls to deck up the space to welcome festive hues.



Shiny cushions and aroma
Candles are the best way to bring festivity home. SPA, cedar, sandalwood or patchouli are fragrances



CREATE A MOOD

Going with minimal decor, create a beautiful display in one area of the home. TOP: Decorating around the entrance brings good vibes into the home. It's also a way to impress your guests as that's the first thing they will see as they enter your home. Home design expert Sunmukh Manohar says that festive times is when people come to experience the warmth of your home. A reason why festive decor has to include warmth. His look for the season is to add the right amount of shimmer and light to your space. His picks: shiny silk cushion and a single oversized lamp. He suggests creating reflecting vignettes on a side table or dining table using tea lights and fresh rose petals. Add a brass lamp in the centre for that perfect ethnic touch. The idea is to keep the colour palette festive – think a mix of warm traditional shades of yellow, orange and forest greens and mix it up with elements like brass, wood and glass.



Prep your home

■ Declutter. The festive period is the best time to re-evaluate everything in your space and let go of stuff that no longer gives you joy. Decluttering is the single most important starting point when beginning to spruce up your home for the festive season. It allows you to make space for the new things. Through a professional deep cleaning should follow.

■ Refresh your fabrics. Re-upholstering certain pieces in your home, at regular intervals, helps keep your home alive and buzzing with brand new energy. It is a great way to maintain the freshness of your spaces.

■ Buy versatile lanterns and tea light holders. The season, be it Diwali or Christmas, calls for candles and beautiful lighting. Invest in lanterns that hold large pillar candles, as well as modern decorative tea-light holders.

■ Be sustainable. Think of how to reduce waste and opt for products you can reuse, which is really important for sustainability. Handmade pottery and ceramics will be another great way of decorating your home.

Esha Dikshit, interior expert



Add some sparkle

What's the season without added lighting? Fairy lights are a staple for decorating your home. Give your home the warm glow of LED lights. Create your own magical display of lighting using both, green garlands, strings of teal and tinsel. Also place interesting drys all over. Put traditional lamps and highlight lighting around the home. Innovative lighting gives a unique signature of warmth. You can even hire a lighting designer to give you tips and make your lighting capturing during festival time.



Also, be smart and use energy-conserving lighting that doesn't damage the environment. If you are lighting candles, go for the beeswax ones or soy-based candles as they don't cause indoor pollution.

Photo: Punit Sharma
www.punitsharma.com
Top: The new year can be an opportunity for a fresh start or a detox.

Creating vignettes on a side table or dining table with tea lights and fresh rose petals and brass lamp in the centre adds that perfect ethnic touch. Make sure that there is an equal mix of warm traditional shades of yellow and oranges with elements like brass, wood and glass

– Sunmukh Manohar, home design expert



TEASE WITH TABLEWARE

Deck your table with fancy serveware, including tumblers, trays, bowls, and other cutlery. Always have a signature centrepiece as it elevates the look of the table. Also, some soft scents around the table help in elevating the experience. Pay attention to details – flowers, shiny cutlery, fancy china, bright-faced tablecloth set the mood right. Even your serveware should be classic. Focus on textures, as they add visual interest.



MINDFULNESS IN DESIGN

There's a 200 per cent rise in mindfulness decor according to Pinterest. More people are incorporating mindfulness in interior design

LESS BLING, MORE SPARKLE

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Get a terrarium

Play with textures and add terrariums, gold, shiny surfaces to add glitz and glam. Gardener Sugita Manohar Singh suggests going for succulents. You can even create a tiny terrarium display using gold-coloured artificial orchids in shiny plant pots with shiny gold tones, copper, brass, and silver finishing. Combine with shiny candleholders. Singh suggests, "Terrariums help you add a relaxing feeling of the hills to your living room and make it festive for the season."

PTI, terrariums are common gardens and a way to get the outdoors in. Also known as miniature gardens or fairy gardens, terrariums are perfect for babies, toddlers, teenagers, and adults. From a simple capsule to a massive one, anything can be a great gift for the winter.



PAINT A WINDOW FRAME

Changing the colour of a window frame makes it stand out. To add energy to a room, try a shade of orange, white against teal or, if you're into a dash of sunshine, go for yellow.

PAINT YOUR BOOKSHELF

A great touch of colour can be added by painting the bookshelf. You can get for contrast by painting the frame one colour, and the inside in a contrasting shade.



Accessorise in style

Stock up on table runners, place mats and coasters to add a classy touch to your dining table. In design, try and avoid clutter – go for a tribal rug, like a shagreen statue, or a Naga embossed wall decoration. Festive time is all about creativity – use statements in your decor. For instance, bouncy vases can be used as candle holders or bottles stuffed with fairy lights or a sheer can be made a fabric wall hang-



ing. Think, create and do up the house in a colour that you know will get noticed. Also display aromatherapy to set the mood from cedarwood to sandalwood, patchouli and rose – all smell as if festivities are around the corner.

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become a more garden. All you need are a few pebbles, soil, a layer of activated carbon, spreading of water, and an assortment of cacti and succulents. Singh advises sitting through old candlesticks, tableware and glasses in your cupboard to find interesting options from bottles to jars to goldfish bowls and even trinkets and baubles – almost anything works well. It's also a great gift for the winter.